

h
skin clinic



SEVENTY HYAL 2000 PRE, POST & CONSENT

www.hattyjanebeautyandskinclinic.com

Seventy Hyal 2000 is a bio-stimulating, injectable Hyaluronic Acid (HA) skin booster that aims to improve hydration levels within the skin. This skin booster also works to simultaneously stimulate the production of new collagen and elastin.

As we age, we lose approximately 1% of our Hyaluronic Acid (HA) stores per year after the age of 30. Thus, resulting in fine lines and loss of facial volume. Seventy Hyal 2000 treats the physiological depletion of Hyaluronic Acid within the skin via the infiltration of Hyaluronic Acid (HA) back into the skin's dermis. This skin booster acts as the perfect skin rejuvenation treatment to improve skin texture and skin laxity whilst adding gentle volume.

Initially, two to three treatments of Seventy Hyal 2000 four weeks apart will be required to achieve the desired result. In some cases, and depending on initial skin quality, a fourth treatment may be necessary. Treatments will then need to be topped up every 6-12 months, determined by skin quality.

It can be used for facial enhancements to create a gorgeous, glowing appearance. Alternatively, this treatment can be used to rejuvenate and refresh the neck area, décolleté and hands.

PRE CARE

-It is crucial that you do not consume alcohol at least 24 hours before undergoing the Seventy Hyal Skin Booster injections, as alcohol can thin the blood and increase the possibility of bruising.

-You should also avoid medications like Blood Thinners, Aspirin or Anti Inflammatories for 1 week prior to your treatment.

-Avoid other facial treatments at least 1 week prior to your treatment.

-Avoid extensive sun exposure / the use of tanning beds at least 3 days prior to your treatment.

(We obviously advise that you stop using tanning beds altogether because they increase your risk of skin cancer and accelerate visible signs of aging).

-Likewise, avoid Hair Removal (to the area you are receiving Botox) at least 1 week prior to your treatment.

(Whether that be Waxing, Laser or Cream - Shaving is okay if done gently ensuring no nicks).

-In addition, please make sure you are not wearing makeup on the day of your treatment.

Helpful tips to prevent bruising at the injection point:

-As mentioned above avoid medications like Blood Thinners, Aspirin or Anti Inflammatories for 1 week prior to your treatment.

Take Arnica tablets for 1 week prior to your treatment

-Up your Iron, B12 & Vitamin C intake if you are prone to bruising.

WHAT TO EXPECT | AFTERCARE

What To Expect:

After your treatment you may leave clinic with lots of small bumps where the product has been injected. These small bumps can last anywhere from 1 hour to 48 hours before dispersing under the skin.

Bruising is the most common side effect and usually shows immediately and will last for 3-5 days. There can also be some mild swelling and tenderness. This is all completely normal and generally reduces within a few days to a week. No recovery time is required, and you can return to your daily activities immediately.

Aftercare:

- If you wish to massage the injection points to encourage breakdown of the small bumps, please do so gently to avoid bruising. Ensure your hands are clean and sanitised before touching your face.

- Do not wash your face or apply any skincare products for 4-6 hours

- Do not apply makeup for 4-6 hours.

Once 24 hours has passed and you wish to wear makeup, please ensure your brushes are clean and sanitised

- Avoid exercise / sweating for 24 hours

- Avoid swimming, sauna's and spa environments for 48 hours

- Sleep on a clean pillowcase at night. Preferably Silk / Satin

- Golden Rule: Make sure that you are also avoiding direct sun exposure. Especially tanning beds.

(Preferably forever! But if you must, please wait 7 days)

- Drink LOTS of water!

CONSENT

It is important to know bruising at the injection point can happen.

It is rare that you will bruise at each and every injection point but it is important to know It can happen.

This doesn't mean anything has gone wrong or it has been administered incorrectly, it just means the end of the needle has nicked a blood vessel below the surface lower than the eye can see, which has caused the blood to come up to the surface and form a small bruise.

DO:

- Apply a cold compress to the bruise, but be sure to not press down hard
- Apply Arnica Gel
- Be Patient, the bruise will go

DON'T

- Massage the area, this will cause the bruise to spread

I am aware of the following risks/complications that may occur:

1. Mild to moderate discomfort or pain
2. Slight redness or swelling
3. Inflammation
4. Fainting
5. Bleeding
6. Bruising/Swelling
7. Risk of Infection

In the event of an adverse reaction medical help should be sought immediately.

I confirm I do not suffer with any of the Contra-indications associated with Seventy Hyal Skin

BoosterInjections:

- Coldsore (herpes virus)
- Granulomas
- Spots/acne at the injection sites
- Active Infections (skin)
- Allergy/Hypersensitivity to Hyaluronic Acid
- Scar tissue
- Pregnancy
- Breastfeeding mothers
- Body Dysmorphia
- Unrealistic Expectations
- Blood thinning medication
- Epilepsy
- Papustular Rosacea
- Open Lesions
- Solar Keratosis
- Skin Cancer
- Haemophilia
- Autoimmune diseases

I understand that the treatment may involve risks of complication or injury from both known and unknown causes, and I freely assume those risks. Prior to receiving treatment, I have been candid in revealing any condition that may have a bearing on this procedure.