## skin clinic



## SKIN TREATMENT MENU

www.hattyjanebeautyandskinclinic.com

"My ethos has always been about providing a complete, personal experience, combining my holistic approach with science for long term skin health"



All treatments are designed to deliver on results while also supporting your wellness for a truly customized and relaxing experience. Hatty uses non-invasive and transformative technology, intelligent skin-care along with combined sciences and techniques to maintain an inner and outer glow that goes beyond the treatment room. With each bespoke facial Hatty works collaboratively with you to devise the best treatment plans for your unique skin needs, both in salon and as an ongoing regimen to continue at home. From your first booking and beyond results are immediate, long lasting and skin health is noticeably at its best.

## A NEW SERVICE SKIN BOOSTERS

# PROFHILO®

Profhilo<sup>®</sup> Skin Remodelling

#### FACE OR NECK COURSE OF TWO - £440 MAINTENANCE - £225

Profhilo<sup>®</sup> is an exclusive skin remodelling treatment designed for individuals with ageing skin that is lacking volume and elasticity. Profhilo<sup>®</sup> stimulates the production of collagen and elastin through the slow release of Hyaluronic Acid (HA) and in doing so significantly improves the appearance of fine lines and wrinkles as well as increasing hydration and firmness across the face resulting in an overall rejuvenated appearance. Profhilo is an injectable hyaluronic acid based product for treating skin laxity. With one of the highest concentrations of hyaluronic acid on the market, it is not only boosting and hydrating the skin, but also remodelling the ageing and sagging of tissue. If you feel your facial tissue quality has dropped significantly but are not ready for dermal fillers yet (or ever), then Profhilo<sup>®</sup> is the answer!

## PERFECT FOR INTENSE HYDRATION, RADIANCE AND SKIN TIGHTENING



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#### THREE TREATMENTS (BOOKED TOGETHER) - £390

Seventy Hyal 2000 is a bio-stimulating, injectable Hyaluronic Acid (HA) skin booster that aims to improve hydration levels within the skin. This skin booster also works to simultaneously stimulate the production of new collagen and elastin. As we age, we lose approximately 1% of our Hyaluronic Acid (HA) stores per year after the age of 30. Thus, resulting in fine lines and loss of facial volume. Seventy Hyal 2000 treats the physiological depletion of Hyaluronic Acid within the skin via the infiltration of Hyaluronic Acid (HA) back into the skin's dermis. This skin booster acts as the perfect skin rejuvenation treatment to improve skin texture and skin laxity whilst adding gentle volume. It can be used for facial enhancements to create a gorgeous, glowing appearance. Alternatively, this treatment can be used to rejuvenate and refresh the neck area, décolleté and hands.

## PERFECT FOR INTENSE HYDRATION, SUBTLE AUGMENTATION AND GLOWING SKIN



#### Dermaren Lumi Eyes **ONE TREATMENT £120** COURSE OF 3 £300

Lumi Eyes is a high-quality injection product based on polynucleotides that repair damage to the dermis with tissue regenerating material. Ruthlessly destroys dark circles under the eyes, moisturises and fights fine wrinkles, as well as smoothing and lifting the skin under the eyes. As a tissue booster, it has a proven rejuvenating effect. Stimulation of the skin cells, collagen and elastin allows to delay the ageing processes and strengthens the skin. It improves the firmness, density and quality of the skin in an extremely natural way. Dermaren Lumi Eyes stimulates the skin to self-regenerate.

#### PERFECT FOR ILLUMINATING AND ENCOURAGING SKIN CELL REGENERATION

PRESCRIPTIVE FACIALS

#### Hatty Jane Prescriptive Facial® (A BESPOKE TREATMENT) – £55

Everyone's skin is different, this facial is tailored according to your skin and requirements - this is the concept of the Signature Facial. Through carrying out a thorough skin consultation, I can get to understand your concerns and skin goals and provide a facial which best suits your needs. This is a go-to bespoke beginner facial for those who want to improve and maintain a clear complexion, restoring dermal health. Suitable for all skin types, This facial combines Hatty's massage methods, lymphatic drainage, serums and masks. The result is a naturally glowing complexion. This is a bespoke treatment and may include ozone steam, extraction, gentle peel, lymphatic drainage, vacuum suction and LED light.

#### PERFECT FOR

those who are unsure of the right treatment

#### The Clarity Treatment (DETOXIFY AND RESTART) - £55

This one includes an ozone steam cleanse followed by a deep & clarifying cleanse. The skin is gently exfoliated & hydrodermabrasion is used to release blackhead congestion, focusing on congested areas further with the ultra sonic peeler. Extractions are carried out and the Cosmedix Pure Enzyme mask is applied which gently polishes away dead, dull surface skin. An electrical current 'high frequency' is used to soothe inflammation within the skin followed by a purifying mud mask to soothe the skin. Cooling eye pads and plumping lip treatment are applied whilst you sink into our heated treatment bed. We finish this clarity treatment with hot mitts, serums, icey globes, moisturisers & SPF50. PERFECT FOR

clarity, radiance, decongesting, pore perfecting, rebalancing blackhead prone skins, oil control.

#### Hydration Hero Treatment (NOURISH & HYDRATE) - £80

The go-to treatment for those who want to improve and maintain a clear, hydrated complexion. Focusing on skin health and vibrancy, this personalised treatment is suitable for all skin types and combines Hatty's massage methods with natural, vegan Cosmedix cosmeceuticals including PHA Hydration exfoliating treatment, serums and masks. The result is a refreshed, clear, revived complexion that feels beyond hydrated! This is a bespoke treatment includes essential oils, hot mitts, steam, extraction, gentle PHA treatment, lymphatic drainage, hydrodermabrasion suction and high frequency, plus LED light.

#### PERFECT FOR dryness, dullness, rejuvenation

SIGNATURE FACIALS

#### Hatty's Signature Glo Facial<sup>®</sup> (THE HERO FACIAL) - £59

We all lust for a natural glow. That's why I combined sciences creating a luxurious and results driven facial all within one treatment. The signature GLOW facial has been my most popular facial since 2018. This results driven facial is tailored to suit the needs of your individual skin type from dry to combination and promises to leave you with lustful, glowing skin. CLEANSE, DOUBLE CLEANSE, DERMAPLANE/ OILAPLANE, VACUUM THERAPY & ULTRASONIC SKIN SCRUBBER, HIGH FREQUENCY, LIQUID ALGAE MASK, ICE GLOBES. SERUMS & MOISTURIZER. Add LED light therapy as an add on.

#### PERFECT FOR

Clarify. detoxifying, healing, aging, preventative, radiance, loss of firmness, bride- to-be, special events for beautiful glowing skin.

#### **INCLUDE LED LIGHT THERAPY - £65**

#### Glo & Rejuvenation Facial<sup>®</sup> (TIGHTEN, BRIGHTEN & REJUVENATE) - £100

The ultimate rejuvenating treatment sends energy to your cells to treat the skin from the inside out. A combined treatment of the Signature Glo Facial and super renewal microneedling. This one includes... a triple cleanse with steam & hot mitts, dermaplane & nourishing oil balm, hydrodermabrasion extractions, ultrasonic skin scrubber, high frequency electrical current or bionic oxygen mask dependant on skins concerns, liquid algae mask & eye treatment, neck and shoulder massage, super renewal microneedling using a bespoke cocktail of serums, soothing moisture sheet mask. This treatment ends with LED Light Therapy using infrared light therapy to treat skin concerns, serums, ice globes, moisturisers & SPF50..

#### PERFECT FOR

Tightening & firming the skin, protecting the skins natural barrier functions, super hydration, improving elasticity, collagen infusing.

#### Hydro Glo Facial<sup>®</sup> (DETOXIFY WITH NEW TECHNOLOGY) - £75

Completely bespoke to your skin, patented technology cleanses, extracts & hydrates. The vortex fusion in this hand piece removes blackheads & deep planted debris from the pores with painless suction. Hydro dermabrasion is the latest innovation currently trending in the skincare industry. This amazing treatment offers the greatest technology to remove dry, dead skin cells from the outer layer of the skin while simultaneously inputting hydro-serum onto the skin infusing it with ingredients based on the skin's needs. Hatty will choose the best treatments for you alongside hydro dermabrasion which may include some of the following; dermaplane, high frequency, micro-current, a marine algae mask or hyaluronic sheet mask. Ozone steam and hot mitts are included within this much loved treatment.

#### PERFECT FOR

Restoring & rebalancing skin, Radiance, skin health, uneven skin tone.

### Hydro Glow & Rejuvenation <sup>®</sup> (TIGHTEN, HYDRATE & REJUVENATE) - £100

Includes o-zone steam to open and detoxify the pores ready for manual exfoliation. Dermaplaning removes the dead skin and bacteria from the skin revealing a fresh surface. Vortex fusion in the hydrafacial hand piece removes blackheads & deep planted debris from the pores with painless suction. Hatty will choose the best treatments for you alongside hydro dermabrasion which may include some of the following ; enzyme exfoliation, high frequency, micro-current. Micro-needling causes needling trauma to the epidermis, stimulating fibroblasts creating new COLLAGEN & ELASTIN... with rapid & minimal discomfort with recovery in 1-3 days! Cooling collagen repair mask & eye cell pads are applied to soothe the skin and an LED light therapy dome is placed over the face for 20 minutes to promote the skins healing and reduce inflammation! Intense Repair Serum & SPF50 is applied & suitable serums for your skin concerns.

#### PERFECT FOR

Tightening & firming the skin, protecting the skins natural barrier functions, super hydration, improving elasticity, collagen infusing. Radiance, skin health, uneven skin tone, Reducing redness, breakouts, age revers & prevention.

#### Mini Hydro Glow®

#### (RENEW & HYDRATE) - £50

Completely bespoke to your skin, patented technology cleanses, extracts & hydrates. The vortex fusion in this hand piece removes blackheads & deep planted debris from the pores with painless suction. Hydro dermabrasion is the latest innovation currently trending in the skincare industry. This amazing treatment offers the greatest technology to remove dry, dead skin cells from the outer layer of the skin while simultaneously inputting hydro-serum onto the skin infusing it with ingredients based on the skin's needs. This one includes ozone steam, triple cleanse, enzyme mask, hydrodermabrasion & luxury serums, moisturiser & SPF. From start to finish tailored to you.

#### PERFECT FOR

Oily, dull, congested skin 'pick-me-up'

ADVANCED REJUVINATION FACIALS

#### DERMAPLANE & HYDRO JELLY MASK (SIMPLY EXFOLIATING)- £42

Dermaplane is a manual form of exfoliation using a sterile scalpel to remove dead skin and congestion build up and 'perk' vellus hair. Hatty will also use a hydrating balm whilst dermaplaning to nourish the skin with natural rosehip oils. The hydro jelly mask has lots of beneficial properties including

- Has a cooling, calming properties
- Perfect for sensitive skin, dry skin, red/ puffiness.
- Brightens dark under eye circles
- Suitable for the most delicate of skin types!
- Traces of Oat provide vitamin A, B

#### PERFECT FOR

Nourishimg & hydrating. Suitable for the most sensitive - dehydrated skins.

# DERMAPLANE & BIONIC OXYGEN (INTENSELY HYDRATING) - £45

Dermaplane is a manual form of exfoliation using a sterile scalpel to remove dead skin and congestion build up and 'perk' vellus hair. Hatty will also use a hydrating balm whilst dermaplaning to nourish the skin with natural rosehip oils. The bionic oxygen mask deeply rehydrates dry and dehydrated skin types.

#### PERFECT FOR Aging, dull skins. Firming the skin, protecting the skins natural barrier functions ,& hydrating.



#### BESPOKE CHEMICAL PEELS (THE WOW FACTOR) £50 - £65 PER TREATMENT

Hatty selects peels for their safety and efficacy to suit your complexion with a "skin kind" approach. With a focus on visible results and long term skin health each peel encourages the skin's natural ability to rejuvenate and restore its optimal barrier function and PH level whilst delivering a renewed and longlasting radiance. Particularly good for improving texture, ageing well, if you are spot prone and have pigmentation.



#### PERFECT FOR

Your best skin ever! Rebalancing, improved texture, ageing well, spot prone, restoring unhappy skin,, ageing well, melasma, hyperpigmentation, actinic keratosis, environ- mental and sun damage, acne of all grades

#### MEDICAL MICRONEEDLING (Rejuvinate) - £75

Collagen induction therapy, is scientifically proven to regenerate dermal cells, resulting in healthier, smoother, younger looking, more resilient skin. Hatty adopts a "skin kind" approach to medical needling, with a focus on healing and a non aggressive process, which creates microscopic- channels within the upper layers of the dermis resulting in a natural regeneration and healing response. Allowing a deep penetration of Hatty's chosen cocktail of professional toxin free serums packed with Stem cells, Vitamins and hydrating actives to target cell renewal and repair to the areas within the dermis they can be most effective.

Micro-needling is a natural skin regenerator ideal for ageing, sun damaged, smoothing wrinkles, reducing the appearance of scars and regenerating the skins surface. Cells begin to renew and repair within hours, as collagen production boosts you can expect to see the best results from 4 – 6 weeks onwards, providing you with a natural and long lasting enhancement.

This treatment super charges circulation so you will look and feel flushed immediately after treatment, in most people this subsides within 24 to 48 hours but can continue for up to 3 days.

#### PERFECT FOR

*Aging, dull skins. Firming the skin, protecting the skins natural barrier functions ,& hydrating.* 

#### **INCLUDE DERMAPLANE OR LED £85**



RELAXING FACIALS

#### A MOMENT TO SHINE FACIAL (FOR AN INNER & OUTER GLOW) - £55

Indulge & unwind as we open and clear the pores using Ozone steam, cleansing and deep cleansing with natural aroma creams. Followed by exfoliation with heated mitts Hattys face, neck & decolletage swedish massage is sure to send you to sleep using exotic blends of detoxing or relaxing oils. A liquid gold mask is applied, optionally covering your eyes &/or your mouth, detoxifying and lowering the skins temperature by 6 degrees reducing puffy, tired eyes! Includes a deep tissue hand and arm massage whilst the mask sets! To finish the facial suitable toners, serums, moisturisers & eye cream are applied & ice globes massage the facial muscles for a draining yet tightening affect, constricting the blood vessels pushing serums deeper into the epidermis.

PERFECT FOR ALL SKINS

#### SELF LOVE CHOCOLATE FACIAL (FOR AN INNER & OUTER GLOW) - £55

Indulge without the calories, the self-love chocolate treatment oozes relaxation and detoxifying elements. This facial begins with a deep cleanse using o-zone steam, hot mitts, hydro-dermabrasion and manual blackhead extractions, optional dermaplane to reveal the glow that hides beneath dead skin & vellus hair. A coco enzyme miniresurfacer eliminates dead skin cells . With a mousse like texture that's good enough to eat, the chocolate mask melts like butter into the skin followed by a 15 minute intricate massage that will take you to a new height of relaxation using warmed oils. This facial will finish with Hatty's Gua Sha routine including pressure points and calming Icey Globes.

PERFECT FOR ALL SKINS

#### MINI BEDTIME FACIAL® (A 45 MIN PICK ME UP) - £30

This bespoke treatment includes ozone steam, double cleanse, enzyme exfoliation, mini lymphatic drainage massage and a mask suited to your skin.

#### PERFECT FOR ALL SKINS

#### **DRIPPING GOLD DERMAPLANE** (FOR AN INNER & OUTER GLOW) - £55

Indulge & unwind as we open and clear the pores using Ozone steam, cleansing and deep cleansing with natural aroma creams. Followed by dermaplane exfoliation with heated mitts. Hattys face, neck & decolletage swedish massage is sure to send you to sleep using exotic blends of detoxing or relaxing oils. A liquid gold mask is applied, optionally covering your eyes &/or your mouth, detoxifying and lowering the skins temperature by 6 degrees reducing puffy, tired eyes! Includes a deep tissue hand and arm massage whilst the mask sets! To finish the facial suitable toners, serums, moisturisers & eye cream are applied & ice globes massage the facial muscles for a draining yet tightening affect, constricting the blood vessels pushing serums deeper into the epidermis.

#### PERFECT FOR DRY SKINS

SEASONAL FACIALS

#### ANTIOXIDANT POMEGRANATE FACIAL (Spring / Summer) - £65

You will see immediate glowing results with this specialised electrical and calming treatment. Not only preparing your skin for the spring and summer months approaching, this treatment will also harmonise the body's energy for a more relaxed state of wellbeing.

This treatment begins with a deep cleanse using o-zone steam, hydro-dermabrasion and manual blackhead extractions, optional dermaplane to reveal the glow that hides beneath dead skin & vellus hair.

A nutritious pomegranate enzyme treatment is then applied to the skin, combining my favourite Lactic and Salicylic Acids to ensure your skin is exfoliated and deeply hydrated. These treatments also provide a mini-resurfacer for increased cell turnover thanks to its 'Pacman' approach to eliminating dead skin cells.

Sinking into the heated treatment bed, Hatty will use frangipani salt scrubs around the shoulders to unravel persistent muscular tightness, and will then be massaged with warm oils. This treatment is to relieve stress and to create a glow from the inside out.

An invigorating massage whilst the full-face oxygen mask works its nourishing magic, the facial will finish with Hatty's Gua Sha routine including pressure points and calming Icey Globes.

#### C.E.O GLOW FACIAL (Spring / Summer) - £65

Recharge the radiance of your skin with Vitamin C. Fight off dullness, dark spots, and looming discolorations, while diminishing the signs of aging.

Wrapped up in our heated treatment bed, taking your skin goals on board, the facial begins with an ozone steam, brightening cleanse followed by dermaplane with nourishing oils. Next follows a lymphatic facial massage to stimulate circulation while depuffing the skin. Vitamin C is the C.E.O of antioxidants, this is why summer is the perfect time to fight those free radicals with a sun damage and pigment fighting superficial skin peel. Whilst the hydrating sheet & LED mask works it's magic, a revitalising hand and foot massage kneads tension away. Cold hammer reduces inflammation within the skin and no-needle meso therapy encourages further absorption of Vitamin C crystals. Ending with serums and moisturisers.

#### SUMMER SKINRISE FACIAL (Spring / Summer) - £75

Start those warmer months with a rejuvenating facial treatment to best prepare your skin for wedding, holiday and special occasion months. The facial starts with a o-zone steam cleanse and hot mitts, with cleansers full of 'skin activators' to eliminate impurities & prep the dermis for maximum benefits for the next steps of the facial Hydro Dermabrasion exfoliation combines targeted blasts of purified water hydration with gentle skin resurfacing, further ridding the dermis of bacteria & dead skin cells build up. The skin is then infused with pure Oxygen Therapy which stimulates skin cells with the extra oxygen required to effectively thrive and survive, resulting in an instant healthy plumper look to your skin. A bespoke cocktail of hydrating regenerating serums are infused into the skin via mesotherapy or ultra-sound technology which deeply penetrates the dermis for maximum absorption of vital ingredients, which obviously results in maximum benefit to skin! Cryotherapy cools & seals in the enhancing & regenerative properties of the previous facial steps, tightening the pores and the overall dermis. Lastly a hydrating soothing mask is then applied & combined with ten minutes of exposure to medical grade LED Light Therapy, a powerful tool that locks in hydration, further stimulates collagen, heals acne & eliminates toxins all whilst sending endorphins to the brain for the ultimate feel good factor! Your skin will be left with an enviable glow post treatment.

#### PEPTIDE ESSENCE FACIAL (Spring / Summer) - £80

This treatment is the perfect entry to the peptide family, utilise this facial to relax the appurtenance of fine line and wrinkles, while plumping and firming skin for a youthful boost. Help to re-energise and strengthen increasingly tired skin, soother

irritated compromised skin, increases hydration level.

The facial starts with a o-zone steam cleanse and hot mitts, followed by optional Dermaplane. L-ascorbic acid is the purest most bioavailable form of Vitamin C. This helps strengthen antioxidant defences, fight oxidative stressors, and help skin appear younger for longer. In this facial we use Professional-C 15% serum, a highperformance serum developed for most skin types.

We then apply the Professional-C Peptide Complex. This is a potent product containing Vitamin C and the peptides Kinetin and Zeatin – synthetic forms of plant growth factors. The SNAP-8 present helps firmness, tone, fine lines and wrinkles over time, we then apply a Radio Frequency probe to heat the deeper dermis of your skin which instantly tightens and sculpts!. Ending with a mask containing hyaluronic acid alongside LED light therapy containing multipeptides for an added boost of hydration and skin nourishment, not forgetting the all-important SPF as a final step. There is no downtime and skin appears glowing and hydrated immediately.